



Pet Quality of Life Scale and Diary



This diary's purpose is to help you monitor your pet's progression. The goal is to assist you with being able to keep track of changes that may be hard to discern on a daily basis.

You can use the categories provided and add new ones or remove some based on your pet's condition.

Enter a number for each category and total them on a daily basis. If you are having a difficult time discerning certain changes, it may help to evaluate each category during different times of day to help you judge your pet's quality of life.

MOBILITY	
2	Good mobility - No difficulty getting around, enjoys walks, going outside
1	Fair mobility - Difficulty getting up, short walks only
0	Poor mobility - Needs assistance, pain medications and/or anti-inflammatory medications do not help

HYDRATION	
2	Adequate Intake - No changes in water intake
1	Abnormal Intake - Noticeable changes in water intake either decreased or increased
0	Requires intervention - Only stays hydrated when given subcutaneous fluids

NUTRITION / WEIGHT	
2	Good - Does not need coaxing to eat, no changes in appetite or weight
1	Poor - Hand feeding, requires enticing to eat full meal, losing weight despite normal appetite
0	Critical - Will not eat despite adding "special" things, using appetite stimulants, etc., extreme weight loss over short period of time

ELIMINATION	
2	Normal - Normal output, able to hold both urine and bowel movements
1	Reduced/Irregular - Abnormal eliminations, marked decreased or increased output, some incontinence
0	Critical issues - Incontinence, straining, unable to produce urine and/or bowel movements, blood seen

SOCIAL INTERACTION	
2	Interacts normally - No changes in behavior with family, friends, other pets
1	Some interaction - Decreased greetings when coming home, plays less, less effort to seek affection
0	No interaction - Avoids any interaction, hides in closet/under the bed, resents affection, has episodes of unprovoked/unusual aggression

EXAMPLE SCALE	
8 - 10	Everything is ok, continue to monitor
5 - 7	May need intervention, medication, assistance
< 5	Monitor closely and consider euthanasia if totals remain low

